



# Les Bottières

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*At the heart of unspoiled nature, Les Bottières unveils the charm of an authentic mountain village, a quiet and relaxing holiday destination.*

*Perched at an altitude of 1300 m and overlooking the Maurienne valley, at the heart of forests and meadows, Les Bottières benefits from an open landscape where the gaze goes far into the surrounding high mountains.*

*In summer, it is a real flower garden where it is good to rest. Wonderful starting point for many walks and hikes on signposted trails, you can also hurtle down the slopes and paths by mountain bike or VAE, embark on paragliding, while the fittest will try tree-climbing in one of the neighbouring accrobranches.*

*In winter, this village resort, born in 1975, and fitted out in harmony with the mountain, will delight lovers of downhill skiing, hiking or snowshoeing in unspoiled nature. Les Bottières is also the gateway to the Sybelles ski resort with 310 km of ski slopes stretching over the Arvan-Villard massif, offering endless possibilities for skiing, and unforgettable panoramas on the highest summits of the Alps.*

# Snowshoeing

*Forests and clearings, crests with a view, discreet skilifts ; Les Bottières is an ideal place to hike with snowshoes. Several routes are possible from our resort. From Jarrier, a nearby village, several others are also possible. Finally, from La Toussuire, a chairlift can take you up to the summits for an altitude walk.*

*Guided outings are proposed during school holidays. Call 00 33 4 79 83 27 09 for details.*

*Free brochure available at the tourist office or downloadable below.*



# Sledging

Kids and grown-ups, come enjoy the sledging zone, close to the restaurant La Corbacière!



# Hikes and walks

*The territory of Arvan Villards, which the village resort of Bottières is part of, is a massif offering very varied panoramas:*

*Large areas of mountain pastures where herds of cows and sheep graze, rock faces of peaks covered with glaciers, crystalline high altitude lakes, fresh undergrowth...*

*Hiking trails take you through marvelous landscapes, where it is not uncommon to come across the wild fauna that inhabits the area (marmots, chamois, ibex, even royal eagles) ...*

*Many walks and hikes start from Les Bottières, at the Tourist Office.*

*Some other ideas of must-see walks in the area (information at the Tourist Office):*

- ▶ *"la Basse du Gerbier" at the bottom of the "Aiguilles d'Arves " from Albiez*
- ▶ *"le lac de la Croix" from "Col du Glandon"*
- ▶ *"le refuge de l'Etendard" from "Col de la Croix de Fer"*
- ▶ *"le Charvin" from St Jean d'Arves*

# VTT - Mountain biking

*The massif and its large alpine meadows are particularly suitable for mountain biking or VAE, whether hiking or downhill.*

*The 12 mountain bike circuits in the heart of Les Sybelles and 7 in Albiez allow mountain bikers of all levels to take pleasure. Information at the Tourist Office of MONTAGNICIMES / LES BOTTIERES*

*Starting from Les Bottières, you will find a really beautiful FFC marked circuit:*

*"La Cochette": red level - distance: 9.9 km - altitude difference: 400 m - approx. 1h30 / 2h.*

*Departure: Restaurant Le Grenier, at the end of the route des Chasseries, take direction Jarrier. At Notre-Dame go up a few dozen meters on the tarmac road towards La Tuvière then turn quickly left towards La Cochette - La Verpillère. Nice and rather difficult climb, to the Cochette belvedere then to the Verpillère chalets, where you may have to push your bike a little. Descent via Chavonnerie to return to Chasseries.*

***NEW !!! Come and test the new mountain bike circuit from Les Bottières: reach La Toussuire through the hamlets of Alpettaz, La Rochette then La Toussuire and finally take the downhill track back to Les Bottières. The views are breathtaking and the descent takes you into the countryside.***

*There are several other hiking trails or forest paths for mountain biking between Saint Pancrace, La Toussuire and Jarrier.*

*Finally, the ski lifts from La Toussuire, operate in July and August three days a week (depending on weather conditions), allowing beautiful descents from the summit of Sybelles to Les Bottières (approximately 1000 m of elevation).*

# Cycling

*In the longest valley of the Alps, cycling passionates will be pleasantly surprised by the number of cycling possibilities and the breathtaking sceneries which have been crossed many times by the Tour de France.*

*Just few kilometers away from Les Bottières, you can reach some mythical passes : Le Glandon, La Croix de Fer, Le Galibier, La Madeleine...*

*A cyclo-map of itineraries is available for free at the tourist office.*

*Charging station for electric bikes are also available.*

# Leisure and relaxation

*You will find in Les Bottieres some leisure infrastructures to enable you to relax after a good walk :*

- *tennis ground renovated in 2014, 50m away from the tourist office, at the edge of the forest*
- *ping pong table, volley-ball net*
- *children playground with slides and swings*
- *picnic tables*
- *restaurant and bar open all year round*

*And a few kilometers away, in La Toussuire or le Corbier resorts or in St Jean de Maurienne, you can find :*

- *swimming pool and lakes*
- *spa and well being institutions*
- *massages*
- *horse riding school*
- *donkey rental*
- *cinema*
- *archery*
- *minigolf*
- *fishing*

# " Not to be missed" sites

Whether for their historic or scenic interest, here are a few sites not to be missed in the valley :

► **Natural sceneries and viewpoints :**

Baroque Church of St Pancrace (free guided tour)

Gypsum quarries of St Pancrace (free guided tour)

Chapelle St Bernard de Menton in the village of St Pancrace Les Bottières (1 km on foot). Remarkable viewpoint over the beautiful Aiguilles d'Arves

Chapelle St-Roch in Jarrier (5km) via the discovery trail

At the bottom of Aiguilles d'Arves in Albiez (25km) : very impressive site to see the peaks from close-by, accessible to all public

Les cheminées de fées in Albiez le Jeune (25km)

Col de la Croix de Fer and Glandon (31km) : through St Sorlin d'Arves, beautiful scenery

St Benoit waterfall in Avrieux (45km) : the most beautiful waterfall of the valley, and a nice picnic area

The Arc river gorges and Pont du Diable bridge in Avrieux (46km) : overlooking the river from the suspended bridge is only for those who are not scared of heights!

The Montcenis lake (78km): on the italian border, magical blue lake

And others...

# "Not to be missed" sites

## ► Typical villages:

Jarrier village (5km), typical "leg-style" chalet architecture

Hamlet of Polset (45km), entrance to the Vanoise national park

Bonneval sur Arc (81km), listed as one of the most beautiful villages in France

And more to discover...

## ► Historical sites:

Dolmen du Thyl : paleolithic site above St Michel de Maurienne

Esseillon forts in Aussois(46km) : impressive site overlooking the arc gorges, which was once defending the kingdom of Piémont Sardaigne

And more to discover...

# " Not to be missed" sites

